



Geetha Shishu Shikshana Sangha (R)

# GSSS Institute of Engineering & Technology for Women

(Affiliated to Visvesvaraya Technological University, Belagavi, Approved by AICTE, New Delhi & Govt. of Karnataka)  
KRS Road, Metagalli, Mysuru - 570 016 Karnataka | India

Accredited with Grade 'A' by NAAC

**DEPARTMENT OF BASIC SCIENCE**

Date: 03.05.2021

Submitted to: The Principal, GSSSIETW, Mysuru - 570 016.

The following time table is scheduled for 1 year BE students in the conduction of II Phase Induction Programme vide VTU/BGM/BOS/A9/2020-2021/448 dated 27.04.2021 during the lockdown period from 27.04.2021 to 12.05.2021:

Sl. No.	Date and Day	Timings	Particulars	Resource person
1	05.05.2021, Wednesday	9.15 - 10.15 AM	Universal Human Values PPT 9: Relationship - Respect	Dr. Sheshadri S N, Asst. Prof., Dept. of Chemistry
2		10.30 - 11.30 AM	Creative practices and Innovations	Dr. Raviraj, Professor, CSE Dept.
3	07.05.2021, Friday	9.15 - 10.15 AM	PPT 10: Relationship - Reverence for Excellence	Navya P, Asst. Professor, Civil Dept.
4		10.30 - 11.30 AM	Awareness of COVID - 19 & Importance of Vaccination	Santhosh M V, Asst. Professor, Dept. of Chemistry
5	10.05.2021, Monday	9.15 - 10.15 AM	PPT 11 Relationship - Gratitude & Love PPT 12: Society	Dr. Bellappa S Professor, Dept. of Chemistry
6		10.30 - 11.30 AM	Meditation	Raghunandan M S, Asst. Prof. Mechanical Engg
7	12.05.2021, Wednesday	9.15 - 10.15 AM	PPT 13: Natural Environment	Dr. Vinay Venugopal Professor, Dept. of Physics
8		10.30 - 11.30 AM	Literary activity	Santhosh Kumar P N Asst. Professor, Dept. of Mathematics

*[Signature]*  
03/05/2021  
PROFESSOR & HEAD  
DEPARTMENT OF CHEMISTRY  
GSSSIET for Women  
KRS Road, Mysuru - 570016

*[Signature]*  
3/5/21  
Head of the Department of  
Mechanical  
G.S.S.S.I.E.T. for Women  
K.R.S. Road, Mysuru-570 016.

*[Signature]*  
03/05/2021  
Professor & Head  
Department of Physics  
GSSSIETW, Mysuru, India - 570016

*[Signature]*  
03/05/2021  
Head of the Department of Mathematics  
G.S.S.S.I.E.T. for Women  
K.R.S. Road, Mysuru-570 016.

*[Signature]*  
Principal  
GSSSIETW, Mysuru-16



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## A BRIEF REPORT OF PHASE II INDUCTION PROGRAM HELD IN OUR INSTITUTE FROM 05.05.2021 TO 12.05.2021

DAY ONE

DATE: 05/05/2021

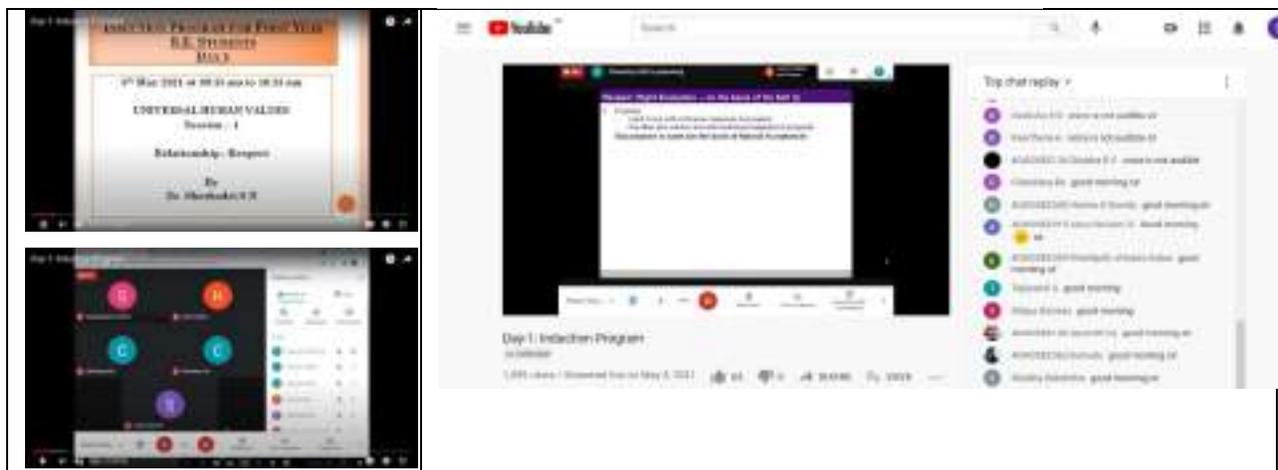
Speaker Name: **Dr. Sheshadri S N**

Time: 9.15 a.m. To 10.15 a.m.

Session: 1

Topic: **UHV - Relationship and Respect**

Place: You tube Live



**Brief description about the programme:** Speaker explained the relationship between oneself and others, feelings in relationship, affection, care, guidance, reverence, working for excellence. And briefed about following things-right understanding in the self, relationship with human being, physical facility with rest of the nature, understanding harmony in human beings, families, societies and nature, and living in harmony with all 4 levels namely individual, family, society, nature.



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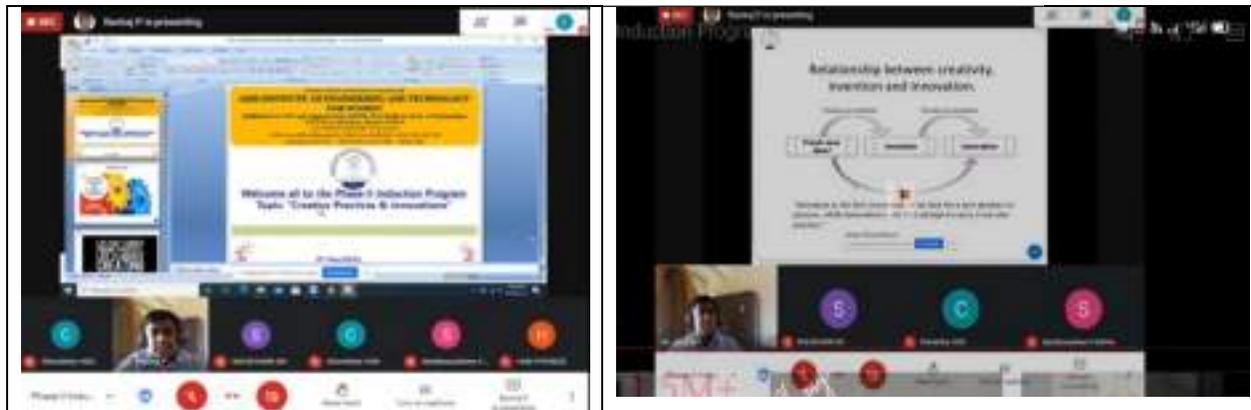
Speaker Name: **Dr. Raviraj P**

Time: 10.30 a.m. To 11.30 a.m.

Session: 2

Topic: **Creative Practices and Innovation**

Place: You tube Live



**Brief description about the programme:** Dr. Raviraj P, Professor, Department of Computer science and Engineering, GSSSIETW, briefed the students about creativity, critical thinking, characteristics of a creative person, negative attitude that blocks the creativity and relation between creativity and innovation.

Further he briefed about the basic facts of engineering idea innovation–invention.



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DAY TWO

DATE: 07/05/2021

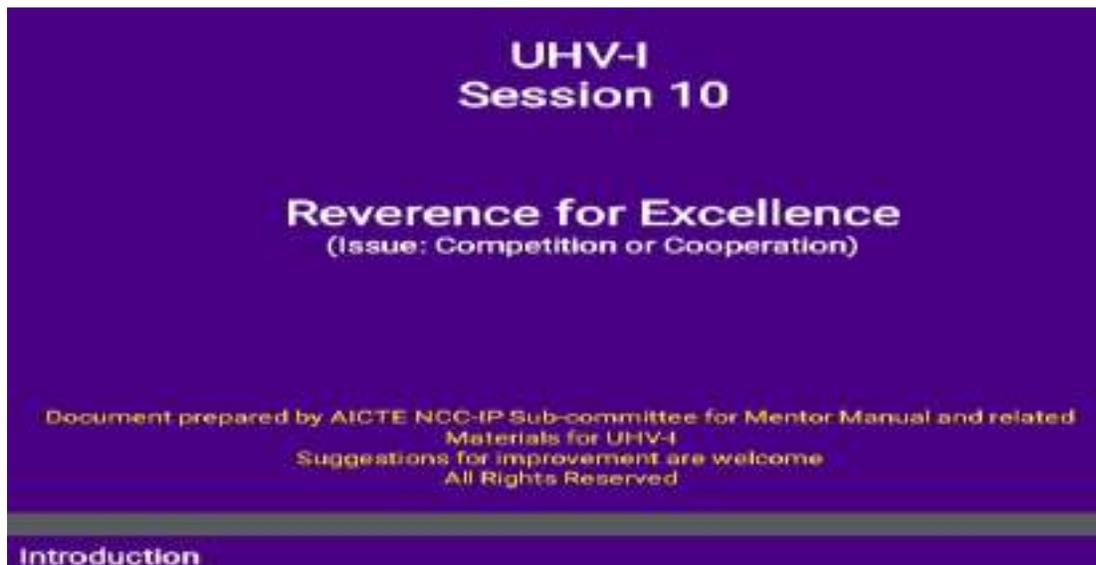
Speaker Name: **Prof. Navya P**

Time: 9.15 a.m. To 10.15 a.m.

Session: 3

Topic: **UHV - Reverence for Excellence**

Place: You tube Live



We want to win, be the best, be successful, to excel

Let us understand **excellence** –

-is it about being better than another in a particular area of life or something else?

We will also explore the program for it

– is it through **competition** or through **collaboration**?

Prof. Navya P, Asst. Professor, Dept. of Civil Engg. spoke on Reverence for Excellence (Competition versus cooperation). In this regard she explained how to understand excellence in order to live in harmony, how to achieve the basic human aspiration that leads to respect, reverence, glory and gratitude to achieve excellence and how to build any relationship as a self-reflection, etc.



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Speaker Name: **Prof. Santhosh M V**

Time: 10.30 am To 11.30 am

Session : 4

Topic: **Awareness of COVID-19 and Importance of Vaccination**

Place: You tube Live



Brief description about the programme.: Mr.Santhosh M V, Assistant Professor, Department of Chemistry, briefed the students about awareness of Covid-19. Further he briefed about the importance of vaccination and advised the students to get vaccinated.



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## DAY THREE

DATE: 10/05/2021

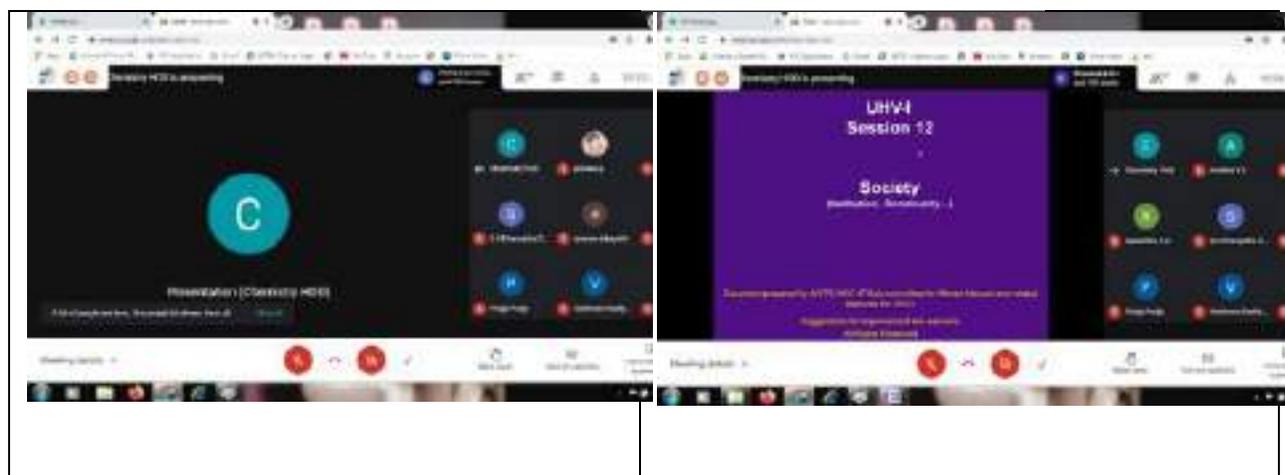
Speaker Name: **Dr. BELLAPPA S**

Time: 10.00 a.m. To 11.00 a.m.

Session: 5

Topic: **UHV- Relationship-Gratitude & Love, Society**

Place: Google Meet & You tube Live



Third day of the Second phase induction Programme began at 10.00 am in virtual mode, the first session was on Universal Human values (UHV)-Relationship-Gratitude and Love, presented by

**Dr. Bellappa S**, Professor and HOD, Department of Chemistry, he began the session with Quotes of Mahatma Gandhi- “Your beliefs becomes your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny”. In his session he explained how gratitude is significant in development of relationship, how to show gratitude for all the help we receive from different people in different forms. He also explained about self reflection that we need to make effort to ensure right understanding and right feeling in ourselves. He also explained about LOVE, the feeling of love (a feeling of being related to all) is the foundation of undivided society, then about pre-conditionings related to love.



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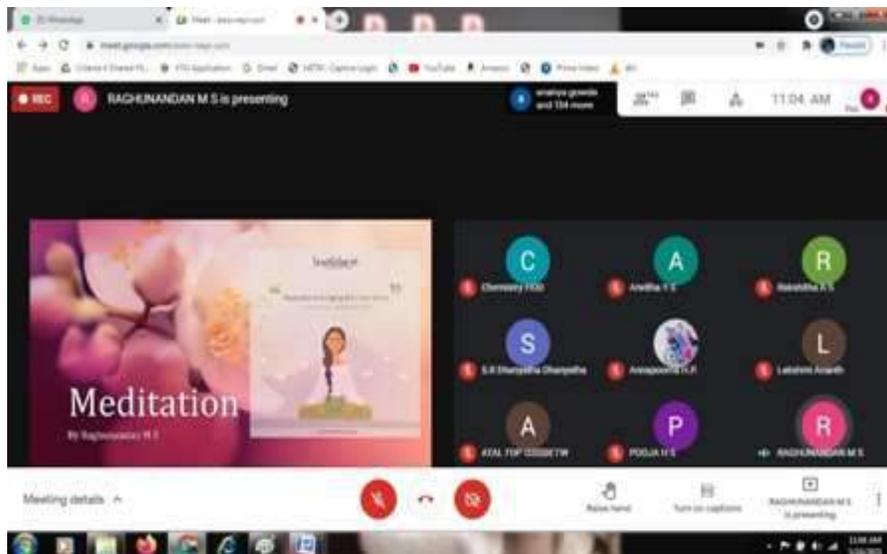
Speaker Name: **Prof. RAGHUNANDAN M S**

Time: 11.00 a.m. To 12.00 p.m.

**Session: 6**

Topic: **Meditation**

Place: Google Meet & You tube Live



Later on the second session was by **Mr. Raghunandan M S**, Assistant Professor, Dept of Mechanical, GSSSIETW, from 11.15 AM on Meditation. He talked about what is meditation and what is its use and why we must meditate to bring out proper self and a better society. He also emphasized on the daily burdens on the students and how it is affecting them and their lifestyle, so he introduced them to the cleaning process and relaxation technique that can be used to relieve students from negative thinking, emotional burdens, and other negative vibes. And there was a session on meditation by a heartfulness trainer (Mr Sreeharsha J A), a preceptor, for about 10 minutes. The session ended with quote by Pujya Daaji (Dr Kamlesh D Patel) – “Thoughts without our attention has no power”.



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DAY 4

DATE: 12/05/2021

Speaker Name: **Dr. Vinay Venugopal, Professor & Head, Dept. of Physics**

Time: 10.00 a.m. To 10.45 a.m.

Session : 7

Topic: **UHV - Natural Environment**

Place: Place: Google Meet & You tube Live

### **Brief description about the programme.**

There is a provision in Nature for living in harmony and it is the duty of every human being to realize this basic truth. There are four orders of existence in Nature: Physical Order (sunlight, air, water, soil, minerals, etc), Pranic Order (Plants, trees, herbs, etc), Animal Order (animals, birds), and Human Order (human beings). There already exists a relationship of mutual fulfillment between Physical and Pranic Order and between Physical, Pranic and Animal Order. Mutual fulfillment is naturally acceptable to human beings and hence with right understanding they can live in mutual fulfillment at all four levels of existence. Problems like global warming and climate change is due to exploitation and domination over Nature by human beings lacking right understanding about living in harmony (inhuman conduct) with other three orders of existence. Hence there is an urgent need to solve these problems by ensuring right human conduct through human education on fulfilling aspirations of happiness and prosperity while remaining in harmony with all the levels of existence in Nature and developing a humane society. Hence all the students have a potential to develop full human personality and be a part of just and equitable society. At the end of the session students were asked to submit a Self Evaluation Report on what they have learnt from UHV sessions and how they will implement it in their lives.

Speaker Name: **Prof. Santhosh Kumar P N**

Time: 11.00 a.m. To 12.00 p.m.

Session : 8

Topic : **Literary Activity**

Place: Google Meet & You tube Live



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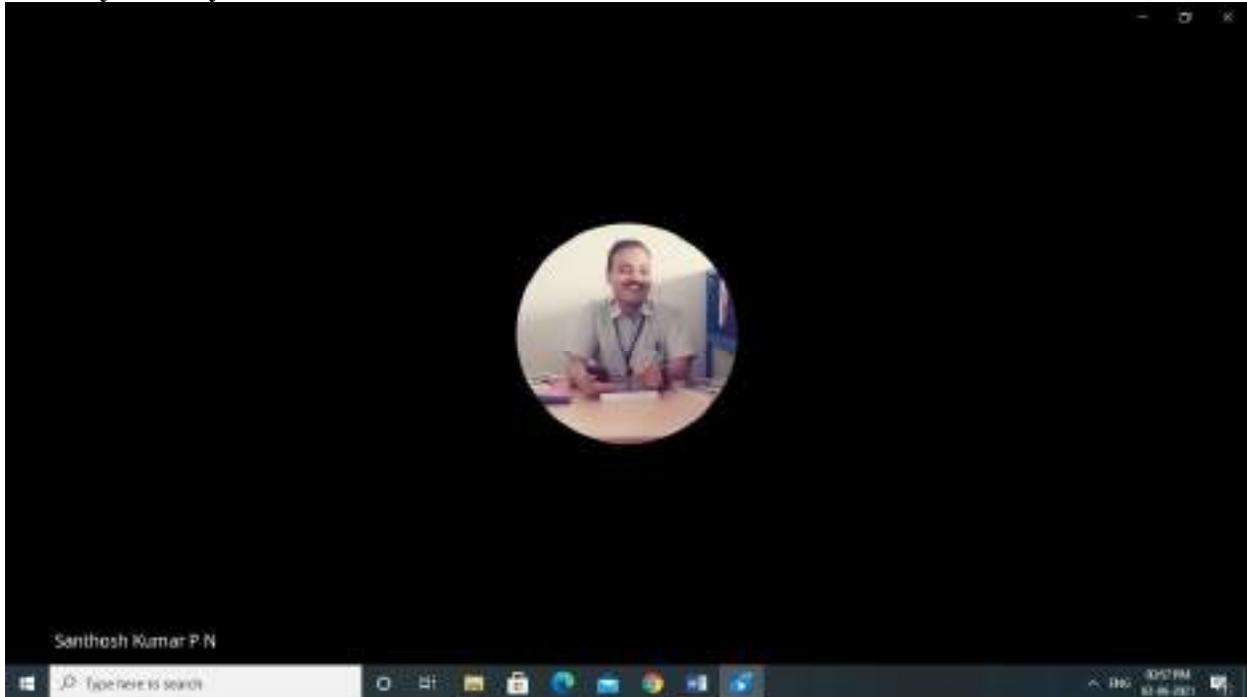
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## Literary activity



The session started at 11.00 A.M. Prof. Santhosh Kumar P N, Asst. Professor, Dept. of Mathematics who briefed about the literary activity which is conducted under literary club. He also mentioned how the activities are conducted, how to organize and who can participate etc. He also informed the students about the selection of office bearers and the role and responsibility of the office bearers and how they are elected. He also interacted with students and asked them to think innovatively in organizing the events such that it enhances the knowledge of the students.