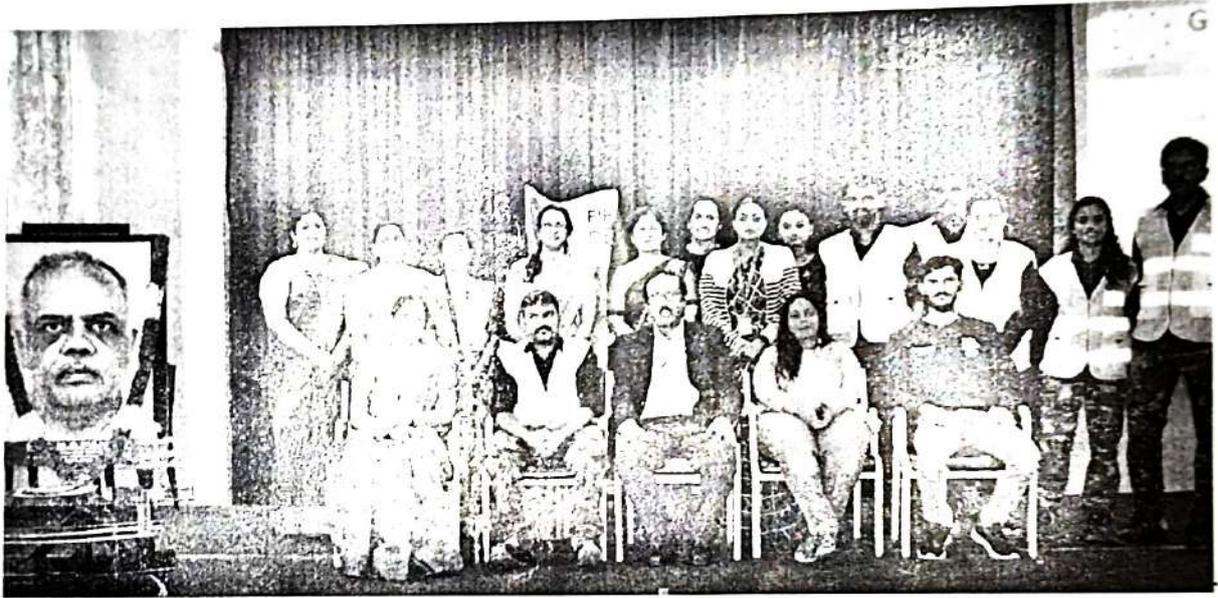


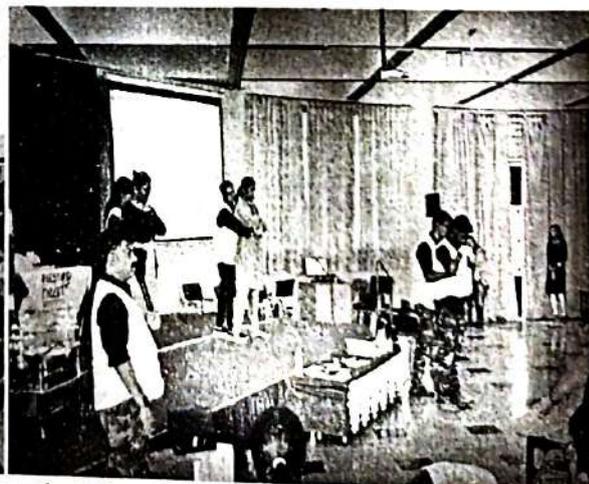


## Press Note

# MEGA CPR AWARENESS PROGRAM



Group photo of the event with **Dr. M Shivakumar**, Principal, GSSSIETW, Mysuru, **Dr. T K Saravanan** Founder and Chairman, First Heart Foundation, Coimbatore with his team, **Hitasshi** (2014 passed out CSE Alumnae) District Advisor, RID 3181, **Manoj Gowda** District Vocational Service Director, RID 3181 along with Alumnae coordinators of all departments.



Glimpses of Demo with Practical Session at the event.



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Glimpses of the event.

**Cardio Pulmonary Resuscitation (CPR)** is a lifesaving technique that's useful in many emergencies such as a heart attack or near drowning, in which someone's breathing or heartbeat has stopped. Currently, about 9 in 10 people who have a cardiac arrest outside the hospital die. But CPR can help improve those odds. If it is performed in the first few minutes of cardiac arrest, CPR can double or triple a person's chance of survival.

In this regard GSSSIETW Alumnae Association, Mysuru in association with **First Heart Foundations Network**, NGO for Disaster Response, Rescue & Training Service Coimbatore, ISO certified organization, organized a one day **MEGA CPR AWARENESS PROGRAM** for First year students of all branches which would give an opportunity to students to learn this life saving skill.

Six trainers from First Heart Foundations Network, Coimbatore along with **Hitasshi** (2014 passed out CSE Alumnae) Rotaract wing, District Advisor Mysuru accompanied by 3 more assistance provided this training to our students on 2/2/2023 from 2.00.p.m to 4.00pm.

**Dr. T K Saravanan** and Team made an effort to bring out an awareness with respect to cardiac arrest and listed out the **First Aid Measures** to be taken up. They also conducted a **CPR Demo with Practical Session**, and briefed out the **Significance of CPR**.

**Dr. Shivakumar M**, Principal, GSSSIETW addressed the gathering and highlighted the importance of CPR in day to day life.

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